



FROM THE PRESIDENT



When you read this, I will be mid-trip in Asia and, with any luck, having the experience of a lifetime.

The time since our MEL election has been very busy and eventful. We had two big events. First, there was the September 7th tour of Mt. Sinai Hospital on the west side which brought back fond memories to many of our members. Then, we turned to “fun at the old ballpark” on September 8 even though the Cubs didn’t reward us with a victory. Of course, we played cards, rode, played Rummikub, et al. The Book Group had a spirited discussion about **Lessons in Chemistry** on September 18 and the Movie Group got together at Hackney’s on September 21 to remember fondly one of the greatest pictures of all time, **Godfather II**.

And what about the new Website! Gorgeous, huh? Thanks to Gerry Linda and Sheldon Kail for bringing it online. Yes, a few of us had some difficulty in getting online and, yes, there is some cleanup work that has to be done (hopefully by the October meeting), but it’s so fresh and modern.

Jerry Ezgur has already assembled a team to engage new members and their sponsors. Kudos to Jerry! Bruce Edelson (or Eddie as he’s known to those in the know) has several special events planned, including a visit to the Harley-Davidson Museum on October 16.

To those snowbirds who will be leaving in October, I wish you safe travels and glorious weather wherever you’re going. Think of us from time to time as you’re luxuriating in warmth and try to stay connected via Zoom.

And to everyone, become and stay engaged and involved. If you have an idea for an activity or event, run with it. A long list of activities was put together about a year ago. We’ve barely scratched the surface. Feel free to contact Bruce Edelson if you want any help. And, by way of being polite and cooperative, *please contact Bruce as well to check that your proposed date is not a significant conflict with another activity or event.*

Gary Salit



MEL VISITS MT. SINAI MEDICAL CENTER

- By Buddy Kalish

Mt. Sinai Hospital, now part of the multiple-entity, multi-site Mt. Sinai Medical Center, was first established in 1912 as Maimonides Hospital to serve Eastern European Jews, who had emigrated from Europe. It was the second Jewish hospital in Chicago after Michael Reese, which was founded in 1882 by German Jews. It failed in 1918 and was rebegun in 1919 with its current name. Today, nearly 125 years later, Mt. Sinai serves a potential 1.5 million west-side Chicagoans, over 59% of whom are treated as “charity” cases.

We were greeted in the lobby with a warm welcome and a brief introduction by Rebecca Garrett, Director of Major and Principal Gifts, and staff. We were honored to have Dr. Ngozi Ezike, the new President & CEO (recently Chief Medical Officer for the State of Illinois), host a lunch and talk about the hospital.

Anna Cohn Donnelly, granddaughter of Morris Kurtzon, founder of the hospital, presented each of us with her book, “Here for Life,” the story of Mount Sinai Hospital, Chicago. After lunch, we had a tour seeing the original cornerstone and plaques depicting the history of this outstanding and historic health facility. We then visited the Emergency Medicine and NICU with the Sinai staff.

What a wonderful and rewarding experience for the 18 MELMEN who visited Mt. Sinai Hospital on September 6, 2023!



Lunch with Dr. Ngozi Ezike, President & CEO of Sinai Chicago.



Group photo with Anna Cohn Donnelly, granddaughter of Morris Kurtzon (founder of hospital 1919).



Dr. Ezike and Anna Cohn Donnelly with 10 of us MELMEN, who were born at Mt. Sinai.



Neonatal Intensive Care Unit (NICU).

MEL PHOTOS OF THE MONTH



Bill Gurolnick

CUBS LOSE; MELMEN GO HOME

Taken September 8, 2023 by Bill Gurolnick on the El with an iPhone SE (second generation). The idea was driven by the dejected fans all looking down.



Harvey Orlov

FEEDING THE GULLS

Taken September 11, 2023 by Harvey Orlov at Bradenton Beach, FL with an Olympus FE-240. The kids were feeding the birds in the late afternoon and learning about nature.

MEL MONTHLY BREAKFAST – THE TRADITION CONTINUES

- By Jack Meyers

Mark Ackerman began our very popular monthly breakfast several years ago. New members found a very welcoming, regular group, who made it easy to integrate into MEL, as sitting with different guys each month encouraged making new friends.

Presently, we meet in a very nice private room at Demetri's (on Lake Cook Rd. in Deerfield) with the breakfast service provided by the adjoining Scrambled restaurant. Our server, "Sargeant" Tammy, does a great job and takes very good care of us.

The breakfast has developed into an important MEL staple and everyone is encouraged to attend.



MEL MONTHLY LUNCH

- By Bruce Edelson



An aside: The old saw is that every army marches on its stomach. This is a warning to senior officers that if the meals are mismanaged, then the battles will be lost. The MEL army of ROMEOs is no different. We have a monthly breakfast, a monthly lunch and nearly every activity and event includes a meal during or after. Would MEL even exist without food?

All MEL members eat lunch!

Come join us on either the 3rd or 4th Thursday of the month depending on the calendar. We meet at **McAlister's Deli on Lake Cook Rd. in Deerfield**. In the past, we rotated our restaurants monthly, but we have

been treated so well here by the manager, Nicholas Jones, that we now show up here every month.

Our usual group of 15-18 orders at the counter and they deliver the food to your table. McAlister's features a wide variety of sandwiches, soups and salads at reasonable pricing. A large portion of the restaurant is reserved just for our MEL members.

The next lunch is on October 26 at 11:30. Watch for the email invitation *und ess, mine kind!*

Thanks, Bruce.



OCTOBER MEL MONTHLY CALENDAR OF ACTIVITIES AND EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	RALPH SAMUEL 9:00 AM - 11:30 PM BIKE RIDE 12:00 PM - 2:00 PM PLAY POOL	9:30 AM - 11:00 PM MORNING WALK 11:00 AM - 3:00 PM CANASTA	9:30 AM - 12:00 PM LINEBALL 11:00 AM - 3:00 PM HEARTS GAME 1:00 PM - 3:00 PM WATER VOLLEYBALL		JEFFREY WADLER'S B'DAY 10:00 AM - 12:00 PM MEL MONTHLY MEETING 11:00 AM - 3:00 PM BRIDGE	
8	9	10	11	12	13	14
	ARNIE COHEN TED ISAACMAN 9:00 AM - 11:30 PM BIKE RIDE 11:00 AM - 3:00 PM GIN RUMMY 12:00 PM - 2:00 PM PLAY POOL	9:30 AM - 11:00 PM MORNING WALK	MARK GARBER 9:30 AM - 12:00 PM LINEBALL 11:00 AM - 3:00 PM HEARTS GAME 1:00 PM - 3:00 PM WATER VOLLEYBALL	MARV B ERMAN'S BIRTHDAY ULFOR YHORS	STEVE WASSERMAN 11:00 AM - 3:00 PM BRIDGE	
15	16	17	18	19	20	21
HARVEY JORDAN'S B'DAY	9:00 AM - 11:30 PM BIKE RIDE 12:00 PM - 2:00 PM PLAY POOL 3:00 PM - 4:00 PM HARLEY DAVIDSON MUSEUM TOUR MILWAUKEE, WI 6:30 PM - 9:00 PM PHOTOGRAPHY CLUB	9:30 AM - 11:00 PM MORNING WALK 11:00 AM - 3:00 PM CANASTA	RICHARD KLEIN'S B'DAY 9:30 AM - 12:00 PM LINEBALL 11:00 AM - 3:00 PM HEARTS GAME 1:00 PM - 3:00 PM WATER VOLLEYBALL		10:30 AM - 3:00 PM 5 FAMILIES BOWLING & LUNCH 11:00 AM - 3:00 PM BRIDGE	
22	23	24	25	26	27	28
JACK MEYERS' B'DAY	9:00 AM - 11:30 PM BIKE RIDE 12:00 PM - 2:00 PM PLAY POOL	DAVE MARCUS'S B'DAY JAY WEINTRAUB'S B'DAY 9:30 AM - 11:00 PM MORNING WALK	9:30 AM - 12:00 PM LINEBALL 11:00 AM - 3:00 PM HEARTS GAME 1:00 PM - 3:00 PM WATER VOLLEYBALL	JOEL GOLDBERG 10:00 AM - 11:00 AM CURRENT EVENTS DISCUSSION	11:00 AM - 3:00 PM BRIDGE	
29	30	31	1	2	3	4
	9:00 AM - 11:30 PM BIKE RIDE 12:00 PM - 2:00 PM PLAY POOL	JACK MARKS B'DAY 9:30 AM - 11:00 PM MORNING WALK	BARRY METZ B'DAY GARY SALIT B'DAY 11:00 AM - 3:00 PM HEARTS GAME 1:00 PM - 3:00 PM WATER VOLLEYBALL		ALAN REINBERG B'DAY 10:00 AM - 12:00 PM MEL MONTHLY MEETING 11:00 AM - 3:00 PM BRIDGE	

EVENT SCHEDULE OCTOBER - DECEMBER

- Oct. 2** MEL monthly breakfast 9am Demetri's restaurant on Lake Cook Rd. (Contact Jack Meyers)
- 3** Canasta 11am D'Agostino's in Wheeling
- 6** MEL monthly meeting 10am at the temple
- 9** Gin Rummy 11am D'Agostino's in Wheeling
- 10** Miniature Golf Last of the season 10:30 Highland Pk Golf Ctr on Rt 41 near Target
- 16** Harley Davidson Museum tour and lunch in Milwaukee (contact Steve Stern) carpool at 9:30
- 16** Rummikub 11am Portillo's Deerfield (Contact Stan Ascher)
- 17** Canasta 11am D'Agostino's in Wheeling
- 17** Investment Group 11am Highland Park Police Station (contact Al Simon)
- 23** Poker 11am D'Agostino's in Wheeling
- 26** MEL monthly lunch 11:30 McAlister's Deerfield
- 26** Current Events on Zoom 9:30 (contact Joel Karlinsky)
- 31** Canasta 11am D'Agostino's in Wheeling

- Nov. 3** MEL monthly meeting 10am at the temple
- 6** MEL monthly breakfast 9am Demetri's restaurant on Lake Cook Rd. (Contact Jack Meyers)
- 7** Canasta 11am D'Agostino's in Wheeling
- 13** Gin Rummy 11am D'Agostino's in Wheeling
- 16** Current Events on Zoom 9:30 (contact Joel Karlinsky)
- 17** Adlai Stevenson home tour and lunch 10am (details soon) (contact George Giddens)
- 20** Rummikub 11am Portillo's Deerfield (Contact Stan Ascher)
- 20** Texas Hold Em Tournament 4:30 D'Agostino's in Wheeling (details soon)
- 21** Canasta 11am D'Agostino's in Wheeling
- 27** Poker 11am D'Agostino's in Wheeling
- 30** MEL monthly lunch 11:30 McAlister's Deli Deerfield
- Dec 5** MEL informal couples holiday dinner (location TBD by attendees number) (details soon)